

Safeguarding Adults Executive Board

# ANNUAL REPORT

Communities keeping themselves safe

**2022-2023**



THE ROYAL BOROUGH OF  
KENSINGTON  
AND CHELSEA



**Safeguarding Adults  
Executive Board**



City of Westminster

# Welcome

to our Safeguarding Adults Executive Board Annual Report 2022-2023.





## Hassnaa talks about her role as a Safeguarding Ambassador

I am really proud to be a member of the Safeguarding Adults Executive Board. As a Safeguarding Ambassador I am able to share important information with our communities about what abuse is, as people don't always know that the things they are putting up with are abuse.

Many people I know in the Moroccan Community have become used to being shouted at and being called names. This year as Ambassadors we are continuing to raise awareness of the term 'Hate Crime'. Any type of crime can be a Hate Crime. This is because of the motivation behind the persons actions which may make it a 'hate crime'. Maybe you've experienced it or have noticed it but didn't know it was a form of bullying that can be reported to the Police. As a disabled person I have lived experience of hate crime towards disabled people.

“  
Knowing we can still do things is so important, even if we are walking with a stick, frame or wheelchair.  
”

With the help and support of Action Disability Kensington and Chelsea (ADKC) I learnt how to be happy as a disabled person. My family and children don't see me as a disabled person. I have the same rights as anybody else because we are all equal and have rights to accessibility. Before, I wasn't able to go outside where I live without my family and kids but now, I am a member of many community groups within ADKC as well as the Safeguarding Adults Reference Group. Being a Safeguarding Ambassador, has been a wonderful opportunity for members of ADKC to stand up for our communities and help our communities to learn how to 'SAY NO TO ABUSE', which is one of our motos.

Don't make being a disabled person a barrier to stop you from enjoying things in life. Listen to your body when you need to rest. Through going to the beach, I gained confidence, forgot what was around me. My disability didn't stop me from having fun and going into the water at the seaside with my friends. Since 2004, I thought nothing was possible. But the way we see ourselves and knowing we can still do things is so important, even if we are walking with a stick, frame or wheelchair.

With the support of Action Disability DKC staff and members, I am able to now say what I want to do and find quality time for myself. Before I didn't have time to myself as I used to put people before me, but now I enjoy my life, and I enjoy being a Safeguarding Ambassador as 'Safeguarding is everyone's business' and I take every opportunity to talk to and support others to understand what safeguarding is and how it can help.

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Hassnaa Tourabi, Safeguarding Ambassador, Safeguarding Adults Reference Group.



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# Foreword



I am very pleased to introduce the Annual Report for the Safeguarding Adults Executive Board (SAEB) 2022/23. As the Independent Chair of the Board, I continue to be very grateful to all partners for their contributions and their ongoing support.

**T**he partnership and our community engagement has continued to grow and develop, as reflected in this annual report, despite challenges that followed the Pandemic and the Cost-of-Living Crisis that is affecting our communities. We have continued to support each other and meet our collective commitment to keeping adults safe across the Bi-Borough of Kensington, Chelsea and Westminster.

A core function of the Partnership is to quality assure the work undertaken to safeguard adults. At our local annual audit event in March partners reviewed qualitative information and emerging themes from our community event to develop our business plan and governance arrangements for the coming year. This plan will support the board to continue to deliver our commitment to working across all agencies and the voluntary sector to prevent abuse from happening.

We continue to raise awareness of safeguarding in our communities with the help of our Safeguarding Ambassadors and through our Staying Safe Project.

Throughout this year's report our Ambassadors talk about their roles and how they are able to share important information with our communities about how safeguarding can support them. They have launched numerous campaigns to raise awareness of important safeguarding topics and led on suggestions to support accessibility for our website. The Staying Safe Project, now in its second year demonstrates how we continue to reach out to our hidden communities. 18 ethnically diverse organisations are now working in partnership with the board to create greater awareness of abuse and neglect and promote greater knowledge of health and wellbeing across deprived groups.

During National Safeguarding Awareness Week our communities led our local campaign in partnership with the Board to support residents with information on Cost-of-Living Solutions and to 'Think Fire Safety' due to concern that people may resort to unsafe ways to heat and light their homes.

A significant part of a safeguarding board's role relates to ensuring that learning and improvements



## Safeguarding Adults Executive Board

to professional practice are embedded into safeguarding and that service users receive the very best care and support. With the launch of Joan's Legacy' video in November 2022 the board is at the forefront of shaping safeguarding learning that includes the voice of the person. We have continued to work with Joan's family to ensure their voice continues to influence and encourage a culture of continuous reflection, learning and improvements across our safeguarding systems.

Finally, I would like to take the opportunity to thank Catherine Knights, Director of Quality, Central and North West London NHS Trust for providing leadership to Board during this past year and for her continued dedication and commitment to the work of the Board.

### **AILEEN BUCKTON**

Chair Bi-Borough Safeguarding Adults Executive Board





# Westminster City Council Insight Data\*

## Total population

**205,100**

Westminster is home to **205,100** people,  
**45%** from a global majority background.



**W**estminster has a varied population with a diverse set of needs. The area has a large proportion of young working age residents, as well as high levels of international migration and cultural diversity. There are significant financial disparities within the borough.

### Trends in Westminster's population

- The 2021 Census population is **24%** lower than previous estimates
- Turnover in the population is very high: around **32%** left or arrived in 2020
- Population change is driven by significant internal and international migration enabled by a sizeable private rental sector (**43%** of households). In 2021.

### Linguistic and Cultural Diversity: what the 2021 Census told us

- Increase in residents whose main language is English (from **69%** to **74%**)
- **26%** of residents do not have English as their main language.
- **Arabic** is the most commonly spoken language after English.
- **4%** of residents reported that they could not speak English well or at all
- Increase in the proportion of residents who say they have no religion (from **20%** to **26%**)
- In Westminster the proportion of people who did not identify with any national identity associated with the UK fell from **36.6%** in 2011 to **32.4%** in 2021.



**Working age (16–64)**

**153,400**

There are **153,400** residents of a working age, **(75%)** in our borough, **45%** identify themselves as being from a global majority background.



**Older People 65+**

**25,000**

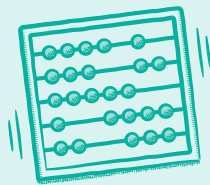
The number of people in Westminster aged **65** or over is **25,000**, and this is expected to increase. **30%** identify themselves as being from a global majority background.



**There are 522 residents who live in a care home**

(with or without nursing).

**1 in 4**



**Homes are at risk of the cost-of-living crisis**

“ Many elderly people, like those with language and digital barriers, are now living in financial crises. ”

**Office National Statistics commonly reported reasons 2022 – 2023**

- Increases in the price of food shop **(95%)**
- Gas or electricity **(73%)**
- Price of fuel **(39%)**

**2 in 7**

**need help with self-care**



**9,500 adults** aged **65** and over were estimated to need help with at least one self-care activity, such as getting in and out of bed. Looking after an adult with a disability or health problem can be tiring, stressful and isolating. Our borough has approximately **3,500** residents providing **50+** hours of unpaid care in a week. Residents identifying themselves as from an

Other ethnic background are slightly more likely to report being a carer.

**1 in 3**

**residents aged 65 and over live alone**



It is estimated that **10,700** people aged **65** and over are living alone in Westminster. In the City survey **residents aged 55 years+ were more likely to be lonely**, with 1 in 5 reporting this. There are **four life events** associated with social isolation among older people: **retirement, falling ill, a spouse dying, and going into care.**

**1 in 12**

**residents live with dementia**



There are an estimated **1,800** people living with dementia in our borough, with only **1,150** with a formal diagnosis from their GP. Prevalence is **highest in Black or Black British ethnic groups.** Leading a **healthy and active** lifestyle can **delay the onset of dementia.**

# Kensington and Chelsea Council Insight Data



## Total population

**143,900**

Kensington and Chelsea is home to **143,900** people, **36%** from a global majority background.



**K**ensington and Chelsea is the smallest London Borough both in terms of size and population. Despite its size there is great diversity. It is densely populated with a high proportion of single households. Kensington and Chelsea is an area of huge social and cultural diversity, which includes significant differences in income, employment, and skills levels.

### Trends in Kensington and Chelsea's population

- The 2021 Census population is **10%** lower than previous estimates.
- It shows an increase in the percentage of residents whose main language is English (from **72%** to **76%**), and an increase in the percentage of residents who say they have no religion (from **21%** to **25%**).
- Whilst the number of children living in the borough is expected to decline, the number of people aged **65** or over is expected to increase by almost **40%** in the next 20 years. There are **102,900** residents of working age (**72%**).
- The cost of housing means that deprivation is often concentrated in areas with a **large proportion of social housing**. While many residents in these areas face challenges, these are also areas bursting with creativity and community life.

### Linguistic and Cultural Diversity: what the 2021 Census told us

- Our borough is home to **143,900** residents, **36%** identify themselves as from a Black, Asian or other non-white ethnic background.
- **24%** of residents do not have English as their main language.
- French is the most commonly spoken language after English, there is **great variation across all wards**.
- In the 2021 Census, only **1.3%** of residents reported that they could not speak English well.
- England's largest decrease in the percentage of people who **did not** identify with any national identity associated with the UK occurred in Kensington and Chelsea from **37.7%** to **32.0%**.





Working age (16–64)

**102,900**

There are **102,900** residents of a working age. **37%** identify themselves as being from a global majority background.



Older People 65+

**20,800**

The number of people in Kensington and Chelsea are aged **65** or over is **20,800**. **25%** identify themselves as being from a global majority background. The number of people aged 65 or over is **expected to increase**.

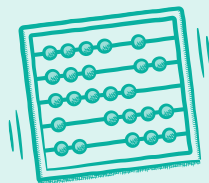


There are **296** residents who live in a care home

(with or without nursing).

**1 in 4**

Homes are at risk of the cost-of-living crisis



“ Many elderly people, like those with language and digital barriers, are now living in financial crises. ”

Office National Statistics commonly reported reasons 2022 - 2023

- Increases in the price of food shop (**95%**)
- Gas or electricity (**73%**)
- Price of fuel (**39%**)

**2 in 7**

need help with self-care



**7,200** adults over 65 were estimated to need help with **at least one self-care activity** e.g. getting in and out of bed. Looking after an adult with a disability or health problem can be **tiring, stressful and isolating**. Our borough now has approximately **2,300** residents providing **50+ hours of unpaid care in a week**.

**1 in 3**

residents aged 65 and over live alone



It is estimated that **8,200** people over 65 are living alone in Kensington and Chelsea. Nationally, it is estimated that around **10% of the population** aged over 65 are lonely. There are **four life events** associated with social isolation among older people: **retirement, falling ill, a spouse dying, and going into care**.

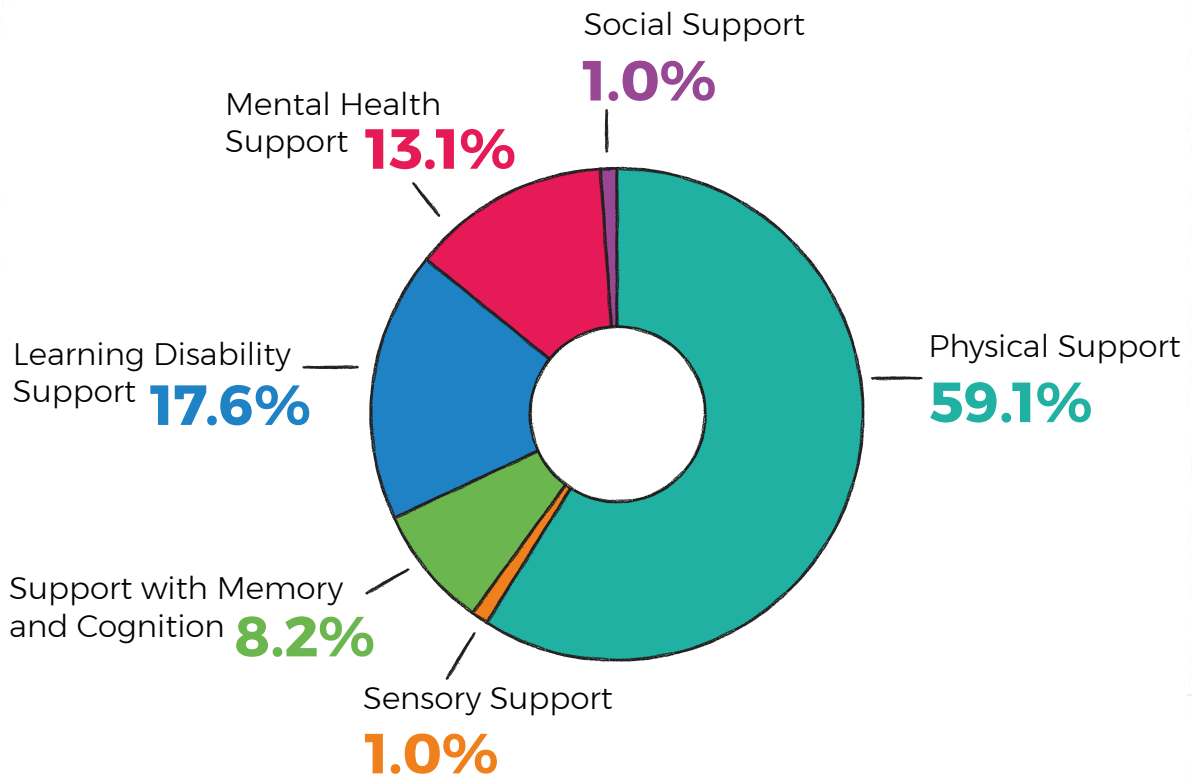
**1 in 12**

residents live with dementia



There are an estimated **1,700** patients living with dementia in our borough, with only **900** with a formal diagnosis from their GP. Diagnosed prevalence is highest among Black or Black British residents.

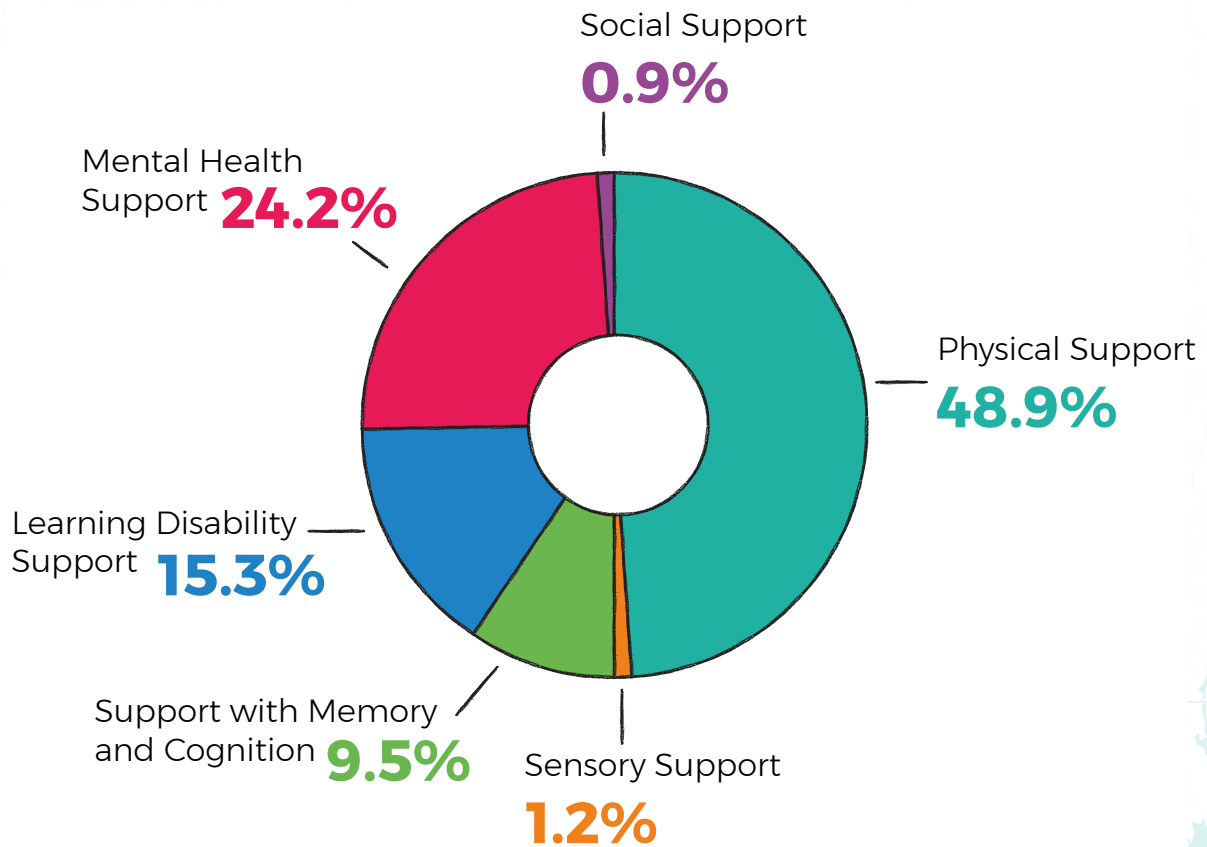
# Royal Borough of Kensington and Chelsea – Adult Social Care insight data 2022-23



**1,405**

**People receiving long term care and support**

# Westminster City Council – Adult Social Care insight data 2022-2023



**2,687**

**People receiving long  
term care and support**



# Introduction to the Annual Report

## This is the 6th Annual Report for the Kensington and Chelsea and Westminster Safeguarding Adults Executive Board (SAEB).

**T**he SAEB is a multi-agency partnership made up of senior representatives from a range of organisations, which provide leadership and strategic oversight of adult safeguarding work across the Bi-Borough.

The SAEB is proud of its achievements and in particular of the strong relationship it has with community groups and influence that its safeguarding ambassadors have in raising awareness of abuse and neglect in the community.

Our Annual Report is for the people who live and work in the Royal Borough of Kensington and Chelsea and Westminster City Council. The report describes what we have done to help prevent safeguarding, why we have done it and how we know we have made a difference.

The Chair of the SAEB is Aileen Buckton. The role of the Chair enables the work of the SAEB to be implemented through collaboration and a shared commitment to prevent where possible abuse and neglect in its communities, ensuring that all relevant partners recognise the safeguarding of adults as a key priority in their strategic development, policy formulation and operational performance.



## What is Safeguarding?

Safeguarding is about building relationships to prevent abuse where possible that is caused by anyone who has power over another person who is unable to protect themselves. People who cause abuse may be doing so consciously or unconsciously they may include family members, friends, unpaid carers and health or social care staff. Organisations therefore who have the responsibility to safeguard need to be compassionate, have courage and be accountable for their actions as it is a complex area of Health and Social Care activity.

## What does the Safeguarding Adults Executive Board do?

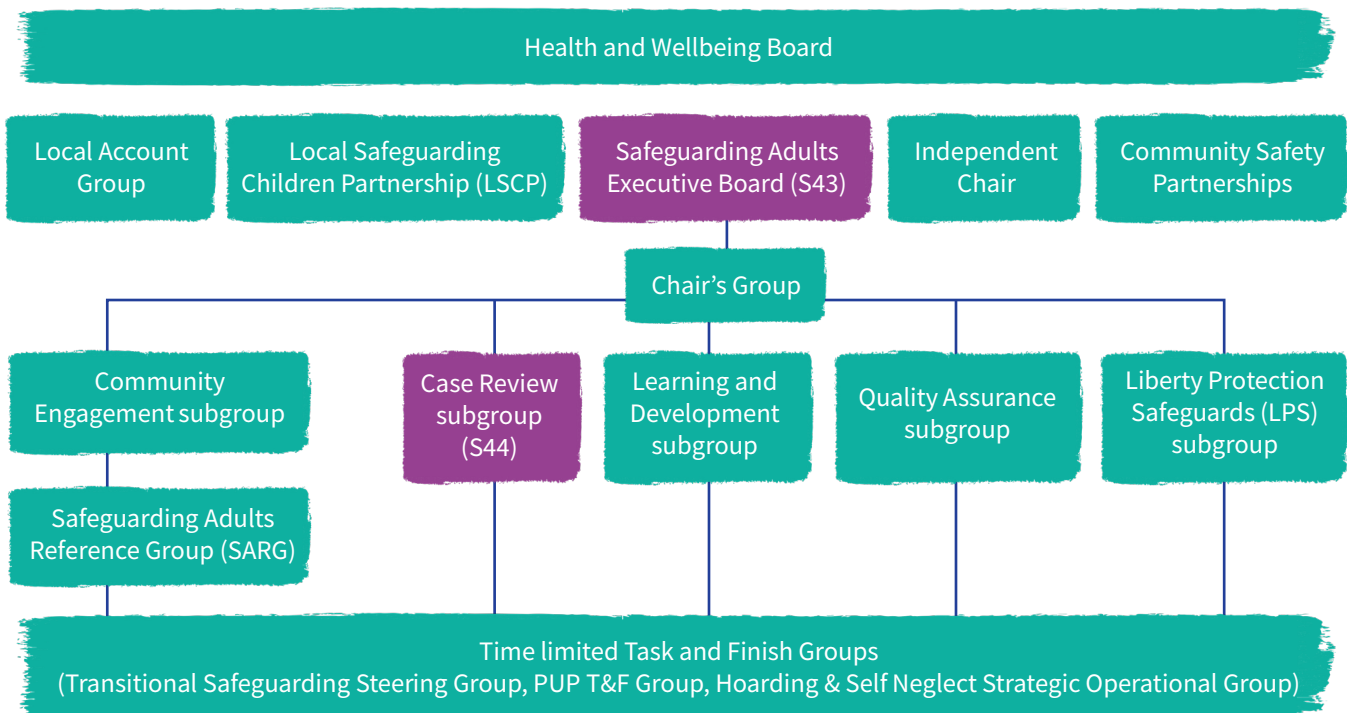
### Our Core Duties:

- To develop and publish a strategic plan setting out our priorities, and how we will meet our objectives
- Publish an annual report detailing how effective work has been
- Commission Safeguarding Adult Reviews (SARs) for any cases which meet lawful criteria

### The Board:

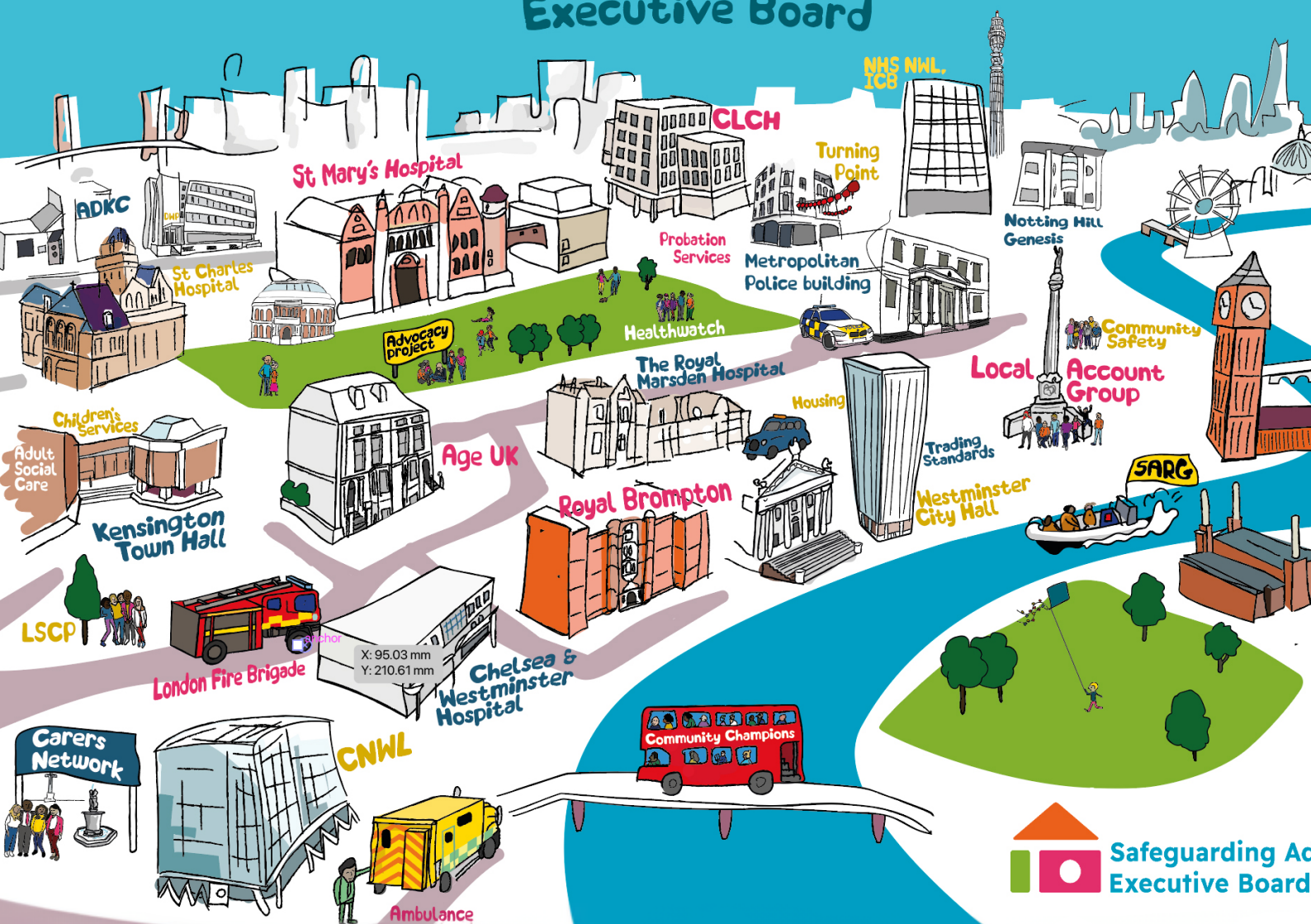
- Provides strategic direction for safeguarding adults at risk across our partnership
- Develops and reviews multi-agency adult safeguarding policy, procedures and guidance
- Monitors and reviews the implementation and impact of both strategy and policy
- Promotes and deploys multi-agency adult safeguarding training
- Shares the learning from Safeguarding Adult Reviews and develops appropriate action plans that support local systems and holds partner agencies to account

The Board Structure and its workstreams for 2022 - 2023 is in the diagram below and demonstrates the **links we have with other boards, partnerships and resident groups such as the Local Account Group.**



# Making our Vision a reality - Development of our Strategic Plan 2022-2023

## The Safeguarding Adults Executive Board





**Our Board Vision** is based on the rights of people to live a life free from harm where communities:



**Have a culture that does not tolerate abuse**



**Work together to prevent abuse**



**Know what to do if and when abuse happens**

We have had a very busy year with the SAEB and all of its subgroups holding a total of 55 meetings over 2022 – 2023. This is up from 33 meetings last year .

The board meets four times a year and is supported by a range of subgroups which are crucial in ensuring that the priorities set out in our Strategic Plan are delivered. Each subgroup has a work plan which details the areas of focus for the financial year and is regularly updated with specific actions and timescales. These subgroups ensure that the work of the Board really makes a difference to local safeguarding practice, and to the outcomes adults and their carers wish to achieve.



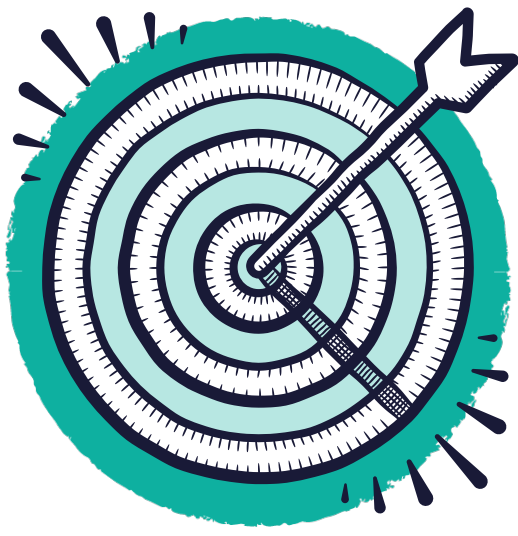


## Our Values and behaviours

The board believes that adult safeguarding takes **COURAGE** to acknowledge that abuse or neglect is occurring and to overcome our natural reluctance to face the consequences for all concerned by shining a light on it.

The board promotes **COMPASSION** in our dealings with people who have experienced abuse and neglect, and in our dealings with one another, especially when we make mistakes. The board promotes a culture of learning rather than blame.

At the same time, as members of the board, we are clear that we are **ACCOUNTABLE** to each other, and to the people we serve in the two boroughs.



## How we develop our Strategic Plan for 2022-25

### SAEB Safeguarding Adults Partnership self-assessment

It is important that the SAEB holds its partners to account so on an annual basis it requests for a self-assessment audit to be completed. We held our local annual audit event to ensure partners understand what is working well and what challenges exist both across our communities and at a partnership level. At the event we discuss and challenge each other's self-assessment and use this conversation to look at emerging themes and set priorities for the coming year. Our Safeguarding Ambassadors and Community Engagement group use this opportunity to have a community event which is described opposite:





## Community Engagement Development Day

Community Engagement Group and our Safeguarding Ambassadors worked together to co-produce a successful event with voluntary agencies and residents. They shared stories about how their communities are affected by fear of abuse and what they have done to prevent abuse or harm from happening. This annual event allows communities to have their voices heard.

Their stories inform the SAEB priorities. By listening, collaborating and working closely with the voluntary sector and local residents the SAEB has a strong understanding about local need and where to focus prevention strategies.

Our SAEB Business plan 2023 – 2024 is driven by what our communities tell us

- **Primary Healthcare** - “there are barriers and challenges which are being experienced by vulnerable residents to getting the support they need” **Open Age**
- **Domestic Abuse and coercive control** – “the SAEB need to do more to raise awareness of elder abuse to support older residents better” **Safeguarding Ambassador**
- **Fire Safety** – “We need to keep raising awareness so that Fire Safety is ‘Everyone’s Business’” **The Advocacy Project**
- **Safeguarding** – “We need to continue to raise awareness where it is most needed of what constitutes abuse and neglect” **Safeguarding Ambassador**

The development of our strategy for 2022-2023 is an example of how our board vision moves from discussion to action. Engagement, hearing stories, co-producing and consultation of our partnership brings our vision to life.

# Safeguarding Adults Executive Board (SAEB) Achievements 2022 – 2023

## Communities keeping themselves safe



- Culturally competent safeguarding within the community
- Raising awareness of safeguarding with a focus on Inclusion and Diversity
- Close working with the voluntary sector
- Listening and collaborating with our Safeguarding Ambassadors

“Staying Safe” - In partnership with the Advocacy Project & the BME Health Forum

National Safeguarding Awareness Week (NSAW) “sensible precautions and local solutions”

Safeguarding and the cost-of-living crisis

Building Community Resilience as Advocates in prevention of Hate Crime

Exploring engagement with Faith based groups

## Making Safeguarding Personal



- Knowing our client group and who is at most risk
- Understanding which abuse types are the most prevalent and doing something about it
- Building relationships and asking questions

Working on our Outcomes

Transitional Safeguarding

Domestic Abuse and older People